

Be Still and Breathe

Repeat ad libitum

♩ = 52 F#sus4/B G#m7add4 F#sus4/B G#m7add4

Be still and breathe. Be still and be.

Repeat ad libitum

5 F#sus4 EM9add6 F#sus4/B G#m7add4

Lis-ten to heart-ache, lis-ten to grief. Be still and breathe. Be still and be.
glad-ness, joy.
an-ger, hurt.
beau-ty, grace.
you, me.

*Pianist may improvise gentle accompaniment on repeats,
for example:*

8

♫ Lyrics: Loretta K. Notareschi, b.1977 and Gabe Perbieri, b.1995

♫ Music: Loretta K. Notareschi, b.1977

© 2025 Loretta K. Notareschi and Gabe Perbieri

Sing Out Love Expiration August 2028

Arrangement Permissions

👉 One-time Adaptation

👍 New Arrangement OK

👋 Seek permission to arrange

Look at the *Sing Out Love* "Permissions" section for further explanation